



## Medical Clinic of Houston, L.L.P.

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*"The Sunset Clinic" - Established in 1968*

### Mammogram

**Appointment Date :** \_\_\_\_\_ **Appointment Time:** \_\_\_\_\_

Your physician has scheduled you for a mammogram. Mammograms, along with a complete medical history and a thorough clinical exam, are essential to the early detection of breast cancer.

Our facility is certified by the American College of Radiology and all mammography technologists are certified by the American Registry of Radiologic Technologists.

#### Explanation

A screening mammogram consists of two views (pictures) of each breast. A diagnostic mammogram consists of three views (pictures) of each breast.

The technologist will compress the breast tissue which will give the radiologist the most clearly defined results and allows for very small abnormalities to be identified on film. The technologists will do their best to minimize any discomfort, although some patients may find the procedure uncomfortable.

The total procedure lasts about 20 minutes, but you will be asked to wait in the lobby until the technologist and/or the Radiologist have reviewed your films.

In addition, the technologist will utilize CAD (Computer Aided Detection) technology to assist the radiologist with the interpretation and detection of breast disease.

#### Preparation

- Upon your arrival in the radiology department, the receptionist will ask you to complete a family history questionnaire.
- You will be given a gown and will be asked to undress from the waist up. The gown should be worn with the opening in front.
- Do not wear deodorant, talcum powder, or lotion on your breasts or under your arms on the day of the procedure. These products may appear on the X-ray image as calcium deposits.
- When possible, obtain all your prior mammograms and make them available for the radiologist before your mammography procedure.

#### After the procedure

The results of the radiologist's report will be furnished to your physician who will explain them to you and recommend treatment, if needed.